



Uutiset

NEWSLETTER OF THE FINNISH AMERICAN CULTURAL ACTIVITIES, INC.

September/Syyskuu 2014

A Snapshot of Finland Anne Shadrick

Come travel with Anne Shadrick and visit some popular and many not-so-well-known places in her beautiful home country of Finland.

Anne was born and raised in Konginkangas, Finland. She is the youngest of eight siblings. "My childhood memories are filled with outdoor activities by Lake Keitele and in the forests of Finland. Picking wild berries or currants and strawberries from the garden was a yearly ritual, and I helped mom make juice from the berries in MehuMaija (steamer juicer). I continue this tradition to this day here in Minnesota. We spent a lot of time outside as kids all year long, even in the long, dark winter days. But winter was more pleasant in Finland than it is here."

After high school in Viitasaari, she studied a year in Finland, then spent an au pair year in Minnesota. Later she moved here permanently, married and had a daughter.

Anne received a graphic design degree in 1993, and worked as a graphic designer for a few years. She has a BA in elementary

education from the University of St. Catherine and a Master of Education Studies. Since 2000, Anne has taught first, second and third grade at Akin Road Elementary School in Farmington, where she is currently a reading specialist.

Anne is one of the original founding members of the Finnish Language School of Minnesota and has taught there since its opening in 2002. She is also a strong advocate of the Finnish education system and is actively working to find ways to implement some of its features here in Minnesota and the U.S.



[Photo from Sisä-Suomen Lehti newspaper in Äänekoski, Finland, Dec. 28, 2013]: Anne Shadrick and her grandniece, who will soon be a second grader in Anne's old school in Finland.

Program In Brief

**Snapshot of Finland
Anne Shadrick**

**Sept. 19, 7:30 p.m.
International Institute
1694 Como Ave., St. Paul**
*For help finding a ride to the program:
call any of the board members*

FACA 2012-2013 Board of Directors

President:
Gene Ollila
(612) 840-2932.
olefin@att.net

Vice President/Program Chair:
Dennis Halme
(763) 208-3294.
dhalme560@msn.com

Secretary:
Ruth Erkkila
(651) 454-5441
rutherkkila@yahoo.com

Treasurer/Publicity:
Janie Ahola
(651) 455-6152
janieahola@msn.com

Hospitality:
Richard Harju
(763) 784-9522
richardharju@gmail.com

Membership:
John Rova
(612) 729-1585
jrova@millershanson.com

FACA Newsletter Committee

Editor:
Jeanne Swope
(612) 827-6773
facaeditor@gmail.com

Graphic Design:
Beth Jarvis
(763) 536-9561
bethjarvi@gmail.com

Contributing Writers: **Janie Ahola, Betsey Norgard, Joan Dwyer, Gil Kinnunen, Urho Rahkola, Bud Berry**

Membership/Mailing:
Urho and Pam Rahkola
rahkola.urho@comcast.net
(651) 429-3319

President's Message

By Gene Ollila

To all FACA members, Finnish Americans, and those attached to or having an interest in Finnish America! This is my first letter to you in as FACA President. I belonged to FACA some years ago and presented programs on *History and Physiology of the Sauna* (a paper I wrote in medical school), and later, on heart disease and how to prevent it. Due to life happenings, I was a very sporadic member, so perhaps I can use my earlier non-joining as a springboard to getting some new and younger participants into the organization.



I am a recently retired internist from the Allina system, and served in various leadership positions in Abbott Northwestern Hospital and metro-area medical organizations. I was involved with Boy Scout Troop 187 for over ten years. I grew up in Zim (of the Sax-Zim Bog for you birders), graduated from Cherry High School, then went to the U. Other than time in the Air Force as a physician and three months in England, Germany and Finland as a student, I have been in the metro area for my entire career. My interests are: outdoor activity (biking, BWCA canoeing, hiking, kayaking, hunting, birding), reading, Indian lore and using my chain saw. I would like to go back to a great love of my youth—stargazing—especially on those cold and clear winter nights in northern Minnesota.

I would like to try to help FACA become a stronger voice in the Nordic community and in the Twin Cities. During the past year, my experience with organizing lectures for FinnFest showed me the tremendous reservoir of knowledge and skills among Finnish Americans.

We are part of the Nordic community, physically and culturally. If you haven't had your DNA tested, you may be surprised and intrigued by the results. A friend I grew up with found that he has substantial Jewish genes, and a neighbor of French/Lithuanian extraction just reported that he is three percent Finnish. We may think of ourselves as pure bloods, but we are not. I am "only" 95% Finnish, for example. We share our interests and talents. A wonderful retired Norwegian carpenter, also a noted lutefisk cook, has redone my sauna. Local arts organizations have welcomed our heritage through special exhibits this year. We have friends in the Nordic community and should continue working with them. Let's support ideas, activities and ideals that make us proud to be Finnish Americans.

I will be as available as I can be, and you can reach me via email or cell phone (see information in the column on the left side of page 2). To be of value to you, I need to know what you are thinking. Even if you're a taciturn Finn, sharing your information and knowledge is more golden than silence!

Thank you for the opportunity to serve you.

Board Notes *By Ruth Erkkila*



L-R: Ruth Erkkila, Janie Ahola, Richard Harju, John Rova. Dennis Halme. Gene Ollila photo on page 2.



The FACA board meeting was called to order at 6:43 p.m. by President Bud Berry. The meeting was held at Perkins Restaurant in Roseville. The minutes of the annual meeting (May 16) and the May board meeting (May 13) were approved. Ruth Erkkila will write a short article for the *Finnish American Reporter's* August issue. Edith Boos gave the treasurer's report and said the 2013 audit will be completed soon. We do not have final information yet about the Festival of Nations Finnish Café.

Bud Berry summarized FACA's participation in the Festival of Nations and described the agreement with Kathryn Hill to run the Finnish Café. Perhaps she will run the café again next year. He also reported on the FACA booth at FinnFest, shared with several other Finnish organizations. We handed out information about FACA membership information, *Joulu* (date: Dec. 13), *Suomi koulu* and the St. Anthony-Salo and the Minneapolis-Kuopio sister city programs. There were some FACA expenses for FinnFest, including booth, program book ad, and printing.

Bud also related that Bill Toivonen, a long-time member, passed away recently at the age of 102. A sympathy card was sent to the family on behalf of the FACA membership.

Janie Ahola said that Anne Shadrack will present a slide show for the FACA program in September, including many photos of places in Finland. A program about design in November is also arranged.

The following business carries over from last year for action this year.

- We need a procedure for cancelling a meeting in case of hazardous weather.
- This year we had a meeting on Good Friday. Should we reschedule when the third Friday meeting day coincides with a day such as this?

We need a budget. We may have spent more money than we took in the last year. The new Treasurer, together with the Board, will work on a new budget.

And the new Board officers for 2014-15 are: president, Gene Ollila; vice president, Dennis Halme; treasurer, Janie Ahola; secretary, Ruth Erkkila; hospitality chair, Richard Harju; membership chair, John Rova. Outgoing officers will pass along information and materials to the new officers as soon as possible.

The meeting was adjourned at about 8:00 p.m.

Next board meeting: Tuesday, September 16, 6:30 p.m.. Perkins Restaurant, Roseville.

Salolampi Phonathon to Be Oct. 7–9

By Linda Davis and Ruthann Swanson

The Salolampi Phonathon is coming October 7–9! We need your support as callers and as kind donors. Please volunteer to make calls the week of October 6, either from your home or downtown at the Thrivent Building. The success of the Phonathon is based on your efforts!! We will be calling from the downtown location on Tuesday, October 7; Wednesday, October 8; and Thursday, October 9. Please contact Ruthann Swanson at Ruthann@ars-services.com or call (612) 788-3905; or Linda Davis at ldavisnmn@hotmail.com or call (612) 420-3237.

Children and teenagers from all walks of life attended Salolampi during the summer of 2014. Not all students had a Finnish background, but they had heard about all the fun at the Finnish Language Village. Dean Amy "Tida" Tervola Hultberg continues to use technology and social networking tools to reach out to potential attendees, current and future staff members and returning villagers. See what is happening at www.Salolampi.org or [Facebook.com/Salolampi](https://www.facebook.com/Salolampi). It is important that we make personal contact with our Salolampi supporters to continue our scholarship program. The money raised from the Phonathon enabled students to attend because the tuition could be reduced.

We again thank all the FACA volunteers for their time and effort in reaching out to people across the USA by phone. We hope that we can again count on this generous service.

Let's keep the Finnish heritage alive for generations to come!

What Happened at FinnFest 2014? Some Impressions

The actual opening ceremony for FinnFest was held in Cokato back on May 24th. “We started that day by touring Finnish/Temperance Corner, with its community center, bake sale, plus its renovated schoolhouse, log cabin and *savu sauna*,” says Urho and Pam Rahkola.

“One could even get a picture taken with a real reindeer! We visited several sites in the Cokato area suggested on the well-drawn map, and had a very nice lunch served at the Laestadian Church. All of the people were very welcoming. Later that afternoon, at the PAC community center, there was even a mini *tori*. This opening ceremony included Finn Hall, a wonderful local group of singers, Diane Jarvi, a brief but interesting historical talk by Arnold Alanen of the history of Finns in Minnesota, actual live internet greetings from Finland and an introduction to some actual Finnish visitors.”



Jeanne Swope, Dawn Kinnunen and Kaarina Kotkavuori at Temperance Corner, Cokato.

FinnFest recommenced with the week of special seminars and events preceding FinnFest weekend.

On Wednesday evening August 6, over 200 “FinnFesters” enjoyed a pleasant cruise on the St. Croix River on a paddleboat out of Stillwater. Besides the fresh river view, excellent company, and a good buffet meal, dancers and listeners enjoyed music by a combination of Finn Hall and Gertie and the T.O. Boyz. Traditional Finnish tunes combined well with the Waila music, and the dancers never seemed to lose their energy! Urho says, “We first heard Gertie and the T.O. Boyz at the 2012 FinnFest in Tucson. The two groups performed together at the Cedar Cultural Center



on Friday evening and in the FinnFest *tori* during the weekend.”

Urho and Pam Rahkola say, “People still seemed to feel an opening ceremony was needed when the Minneapolis Finnfest weekend began on August 7, so a scaled-back ceremony was held at the Westminster Presbyterian Church near the Hyatt Conference Center. The church setting was beautiful and after greetings, etc., the Singing Strings and the Hilja Grönfors trio entertained. Arnold Alanen provided a brief introduction to the history of Finns in Minnesota for those who had missed him in Cokato. Finally, the audience themselves provided some music under the direction of renowned composer Olli Kortekangas.”

“We volunteered several hours helping with registration, but were able to catch some informative lectures by very good presenters. An especially popular one was Marlene Banttari’s and Shirley Barber’s presentation on State Fair judging, pulla-making and other stories; they even provided samples! We visited the Textile Center and saw the exceptional work of tapestry artist Aino Kajaniemi. At the American Swedish Institute, we caught their ‘Cocktails at the Cabin’ Night and participated in a scavenger hunt as we

toured the Turnblad Mansion to see the display of ryijy rugs. We, of course, enjoyed FinnFest's large and diverse *tori* and the many musical groups that performed on the *tori* stage, including the Two Talls, the Järvenpää Singers and Conga Se Menne.”

Phyllis Kiihn particularly enjoyed two of the Sami cultural offerings, *Sami Language and Yoiking* and *Sami Knitting: An Illustrated Lecture*. Antti Mihkkal Gaup, with his daughter Risten, introduced her to the compelling sound of the yoik. “I want to hear more of that!” Phyllis has knit various Nordic mittens and is now inspired by the knitting presentation to do some new projects. She attended as many lectures as possible and enjoyed music and shopping in the *tori*.

Jeanne Swope says, “The Genealogy Seminar on Thursday was well-organized, informative, and full to capacity. At the registration desk on Friday morning, there were some muddles because of schedule changes from the printed program, and we needed to learn the ropes ourselves. During the rest of FinnFest, I plunged into science and literature with wolves in Minnesota and Finland, Northern Lights (on earth and other planets), crime writing and *Kalevala*. What a richness of presentations! This may have been a ‘smaller’ FinnFest, but even so, there were some hard choices to make about what to attend—the program content was, in my opinion, excellent. I saw a throng of listeners crowding around Andreas Ostenso and not letting him get away as they exited the room where he talked about Finnish folk medicine. In the *tori*, I happily shopped for books and listened to music. Now I can listen to Hilda Gronfors’ beautiful voice on the Trio’s CD!”

From Bud Berry: “FACA put together a booth with information from five Finnish-American organizations in the Twin Cities. The booth was in the Minneapolis Hyatt Regency commons, which was the registration area for all attendees. In this great location the volunteers in the booth enjoyed many conversations with FinnFest attendees. FACA, *Joulu* celebration, *Suomi koulu*, the Kuopio-Minneapolis and St. Anthony-Minneapolis Sister Cities organizations all had displays and handouts. The SISU Language Seminar also contributed flyers. The booth was staffed by volunteers, mostly from FACA, who enjoyed the sociable time in the booth with FinnFest attendees.”

FinnFest 2015 will be held in Buffalo, New York, in October 8-12, 2015.

Changes to *Utiset* Layout

By Jeanne Swope, *Utiset* editor

If you notice some differences in the *Utiset* this month, here is what we have changed and why. We want to make the newsletter easier to read without cutting content.

Last year we increased the font size one point to make the type more readable; this change did not seem sufficient.

We have gone to a system in which the outside pages are partially printed in blue (the masthead on page 1 and return address, etc., on page 8); all the rest of the newsletter is printed as a more eye-friendly black and white. We do want to keep the logo in blue and white. We were happy to learn, when we consulted the printer, that it would not increase the expense. A year’s worth of the blue-printed “shell” is processed at one time and stored at the printshop. The black/white printing can then be done more economically on a digital machine.

In addition, the Calendar is moved to page 7. This way, it should fit on one page, and if not, can be continued forward to page 8 if necessary. In the past, when the Calendar began on page 8 and did not fit in the space available, it had to be continued backward, which is not the way print material usually behaves.

We hope you like the result.

Welcome New Member!
Julie Goldstein of St. Paul

Tervetuloa!

FACA Membership

A one-year membership provides you with nine issues of this newsletter, plus other benefits, for \$25. To subscribe or renew, complete this form and mail with your check to FACA, P.O. Box 580708, Minneapolis, MN 55458-0708. (Check mailing label for membership expiration date.)

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May Program Recap

By Janie Abola

The May 16 program ended on a “high note” when the Kaze Saxophone Quartet and Blue Waters Brass Ensemble gave an outstanding performance of (mostly) Finnish music by (mostly) contemporary composers. The Kaze Quartet is comprised of Melanie Brooks (soprano), Jenni Berg (alto), Zach Sander (tenor), and Chris Roberts (baritone), and accompanied by Melanie Paulsen (piano) and soloist Eri Isomura (marimba). The Blue Waters Brass Ensemble consists of one French horn, one euphonium, one tuba, two trombones and three trumpets.

The Kaze Quartet started the program with *Petite Suite* by Jukka Linkola. This elaborate piece consists of a ballad, tango and *coq au vin* (cockerel cooked in red wine), with a surprise ending.

Eri Isomura played the *Chaconne in D Minor* from *Partita 2 for Violin* by J.S. Bach; she fascinated the audience as her mallets, two in each hand, flew over the keys of the marimba. The marimba, the largest mallet instrument in its group, is a close relative of the xylophone; vibrations travel through the entire body of the instrument to produce a rich mellow tone.

The third piece was a tango, *Fuente de la Passion* (Fountain of Passion) by Janne Ikonen, and was performed by the Kaze Quartet with Eri Isomura. The Quartet commissioned Janne Ikonen to compose this unique piece for saxophone quartet and marimba.

The Quartet was joined by Melanie Paulsen at the piano for the fourth and fifth pieces, *Itikantappokappale* (Fly Swatting Music) by Kirmo Lintinen and *Shadow of a Flame* by Janne Ikonen. *Itikantappokappale*, arranged for the saxophone by Daniel Gordon, concluded with a playful musical “swat.”

The Blue Waters Brass Ensemble performed the next three pieces, *Intrada No. 7* by Melchior Franck, *On a Hymnsong of Phillip Bliss* by David Holsinger and the *Radetzky March* by Johann Strauss, Jr. Melanie encouraged us to clap along during the *Radetzky March* as the New Year’s audience in Vienna does each year. Our unobtrusive clapping prompted Melanie to say, “We’re Finnish, so we don’t need to clap loudly.”

The program concluded when the Kaze Quartet and Blue Waters Brass together, with Eri Isomura

conducting, premiered a delightful piece called *Rabbit’s Gambit* by Jukka Viitasaari. The inspiration for this “quirky” piece came to Jukka when he, Chris Roberts and Melanie were watching rabbits. It is a story about playfulness with a touch of drama.

Melanie was selected last spring to represent the U.S. as a Fulbright Scholar. She and husband Chris are now in Finland where Melanie will study in Peter Ettrup Larsen’s Wind Orchestra Conducting Masters’ Class at the Sibelius Academy in Helsinki. We wish our very best to Melanie in her exciting future.

In Memoriam

William Toivonen

William Toivonen, 102, of Minneapolis passed away July 18. Bill was born October 13, 1911, to Finnish immigrant parents from an area in North Minneapolis known as Finn Town. Bill’s painting business spanned three generations including his father and Bill’s two sons. He was known for his adventuresome spirit and his quest for learning. He was active in many Finnish cultural events throughout his life.

Bill was a long-time FACA member; he was a notable member and president of the Finnish American Historical Society, an organization that preceded FACA and sent aid to Finland during the Winter and Continuation Wars, promoted the creation of the monument to Finns in Minnesota in Theodore Wirth Park in 1958 during the State Centennial celebration, and helped begin the Sister City relationship with Kuopio, Finland. The Society was also involved in organizing the first FinnFest in 1983.

He joined us for pea soup at this year’s Laskiainen celebration despite a long ride to the meeting on extremely snowy roads.

Viona Haarstad

Viona Violet (Johnson) Haarstad, 93, of North Oaks, and formerly of Norwood Young America passed away Friday, July 25. Viona was born February 21, 1921, at Oak Park. She is survived by children, Earl (Jane) Haarstad, Pamela (Urho) Rahkola, and Carl (Michelle) Haarstad; grandchildren and great-grandchildren. We want to share our sympathy with Pam and Urho and the rest of Viona’s family.

Events Calendar

Now through Nov. 2 Three Finnish-related exhibits. American Swedish Institute, 2600 Park Ave S, Minneapolis. For more information: (612) 871-4907

- *The Living Tradition of Ryjy—Finnish Rugs and Their Makers*
- *David Salmela Architecture/Loll Designs (custom furniture)*
- *Explore with Moomin* in the ASI Family Gallery

Sept. 19 FACA program, 7:30 p.m. International Institute of Minnesota, 1694 Como Ave., St. Paul (across from the State Fair Grounds)

Sept. 26 Minnesota Orchestra begins its new classical season with Osmo Vänskä conducting. For more information: minnesotaorchestra.org

Sept. 26 October *Utiset* articles due by midnight to facaeditor@gmail.com

Sept. 27 Finnish Genealogy Group of Minnesota, 9:30 a.m., Plymouth Apostolic Church, 1101 Old County Road 15. For more information: minnesotafinnish.org/ Select “Finnish Genealogy Group of Minnesota” in the menu to the left of the screen.

Oct. 6–9 Salolampi Phonathon. *See page 3.*

Oct. 18 October FACA meeting, 7:30 p.m. International Institute of Minnesota.

Oct. 30 Exhibit opening for *Jubla! Celebrating 150 years of Finnish immigration to Minnesota*, 4:00 to 7:00 p.m. Elmer L. Andersen Library Atrium, University of Minnesota. Free. Exhibit opening and kick-off event for the symposium *From Emigration to Immigration: Historical and Contemporary Finland*, October 30 and 31.

Dec. 13 *Joulu—Magical Finnish Christmas*. Save the date!

Tuesdays. Conversational Finnish group, St. Anthony Library, Corner of Como and Carter Ave., St. Paul, 4:00-5:25 p.m. Everyone is welcome. For more information: Urho Rahkola, (651) 429-3319

Thursdays. The Kisarit Finnish American Folk Dancers meet every Thursday at the International Institute of Minnesota on Como Ave, St. Paul, across from the State Fairgrounds, 7:00 p.m. The group does not meet during holidays. New members welcome. Call Dan (763) 544-1441.

Fridays (tentative day). Finlanders at the U of M conversation hour meets at Bordertown Coffee, 315 16th Ave. SE, Minneapolis (very near Folwell Hall). For more information or to check on meeting day/time: karvo001@umn.edu

Continuation of Finnish Class Planned

A continuation of Dan Karvonen’s Beginning Finnish class at the American Swedish Institute is being planned for this fall. For more information, see www.asimn.org/programs-education/class/beginning-finnish-2.

Wild Hockey Night!

Please join the Finnish community at our third annual Wild game. We had a blast the last two years. This time it’s the Wild Finns vs. Sharks, Thursday, October 30, 5:30–10:00 p.m. Mikko, Erick, Niklas and Mikael vs. Antti Niemi and the San Jose Sharks. Pregame event is in the works. We are working on reserving 100 seats together in the lower bowl. These seats are not yet guaranteed, we will find out soon. \$58 per ticket if we get 100 people; if not, price goes up to \$80. Please act fast so we can put on the event.

Questions: email jsipila8@gmail.com

Go to eventbrite.com/e/wild-finns-vs-sharks-tickets-12771272219

Conversational Finnish Class

Tuesdays, 4:00-5:25 p.m.

St. Anthony Library

Corner of Como and Carter Ave.

St. Paul

Everyone is welcome.

For more information, please call

Urho Rahkola at (651) 429-3319

VOLUNTEER OPPORTUNITIES

FACA needs your ideas and your helping hand. If you can help with any of the committees or events, please return this form. Thanks!

- | | |
|--------------------------------------|--|
| <input type="checkbox"/> Program | <input type="checkbox"/> Meeting Hospitality |
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Return to FACA, P.O. Box 580708, Minneapolis, MN 55458-0708 or bring to the next program.



Finnish American Cultural Activities, Inc.
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Minneapolis, MN 55458-0708

FACA

Finnish American Cultural Activities, Inc.
dedicated to exploring and preserving Finnish
and Finnish-American heritage. (612) 374-2718,
www.finnfaca.org

Pieniä Paloja

- Finns clamored for “**Putin’s butter.**” As cheap products falling foul of Russia’s food-imports embargo continue to end up on Finnish shelves, there has been a rush of shoppers desperate to snap up a bargain. The stampede of Finnish shoppers in search of dairy products banned from entering Russia has led one supermarket to introduce rationing. Earlier this week branches of City Market and Prisma in South Karelia described scenes akin to “panic buying.” The Russian versions of Valio’s dairy products are produced in Finland, often to the same recipe as the products normally sold in Finnish stores.
- In late August, a **rogue windmill** was dismantled in Pori. The scenic island of Reposaari, connected to the west-coast city of Pori by a causeway road, is one of Finland’s windiest spots—so windy in fact that last April a wind turbine there began spinning out of control. Staff were unable to regain control of the “runaway” turbine, and it is now being replaced. Safety procedures have been tightened and operation methods revised since the accident.
- It’s time for the **start of hunting season** across Finland. Forestry and wildlife groups urge shooters to aim for well-populated species such as the mallard. It’s open season on 15 species of birds, including wood pigeons, woodcocks, greylag and Canada geese and coots. Most however are ducks: eiders, goldeneyes, tufted ducks, pochards and pintails, and five types of dabbling ducks: shovelers, wigeons, garganeys, teals and mallards. Bears are also now in hunters’ sights. Those in search of more exotic game are also allowed to shoot wild boar, badgers, polecats, mink, raccoons, arctic fox, red fox and beaver.
- **Finnish game** roams free—but the **meat isn’t organic.** Consumers may want meat shot in the wild, but that meat cannot be classified as organic. Deer that has travelled from the other side of the world can be sold as organic, but domestic game hunted in Finnish forests cannot be certified. Inspectors have no way of knowing what a wild animal has eaten, whereas those raised in captivity can be carefully given the right feed to get the organic stamp of approval.

Source: *Yle*